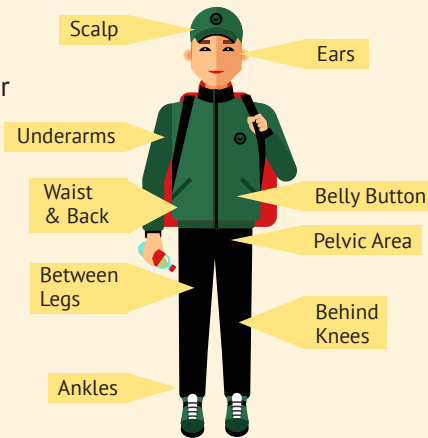


Ticks in New England

TICK CHECKS & REMOVAL

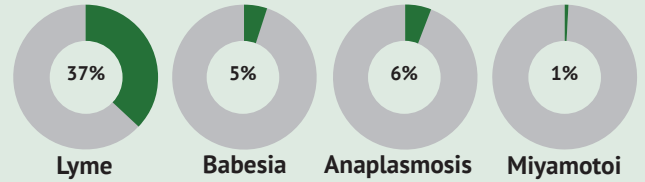
During your daily tick checks, feel for little bumps and look for small dark spots. Ticks like places that are hot and hairy.



Grasp tick with tweezers as close to skin as possible. Pull upward. Once out, clean the bite area.

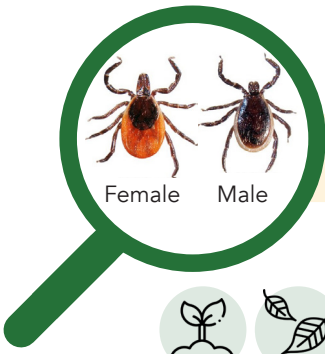
DISEASE DATA

Tick-Borne Diseases found in NH 2019-2021



Out of 2,500+ Blacklegged ticks (deer ticks) tested, 38% carried pathogens from the genus *Borrelia*, which is the bacteria that causes Lyme Disease.

IDENTIFYING TICKS



Blacklegged Ticks (aka Deer Ticks)

Blacklegged ticks can carry Lyme Disease.

TWO SEASONS:

- Spring season peaks in May
- We see BLT as early as March
- Fall season peaks in October

Actual Size



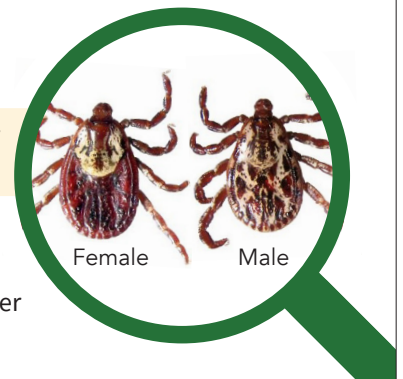
Dog Ticks (aka Wood Ticks)

Dog ticks do not carry much disease in NH.



ONE SEASON:

- Spring-summer
- Peaks in June



MAIL TICKS FOR RESEARCH

BeBop Labs is a nonprofit organization that gathers information on ticks and tick-borne diseases in New England. We innovatively crowd source for ticks.



Put tick in zip-lock bag or tape and mail it with the following info to:

BeBop Labs
PO Box 183
Salisbury, NH 03268



TICK COLLECTION QUESTIONS

- DATE** tick was found.
- NUMBER** of ticks found.
- LOCATION** tick was found.
- ACTIVITY** during tick discovery.
- On **WHOM** tick was found (human/pet)
- Tick **BITING** or **CRAWLING**.
- If **BITING**, where on person/pet.
- If **BITING** human, age of person.

TICK PREVENTION TIPS

1. Wear long sleeve shirt and pants
2. Spray clothes and shoes with 0.5% permethrin solution.
3. Wear white or light colored clothes to see ticks easier.
4. Wear shoes/boots instead of sandals or barefoot.
5. Tie back long hair and wear a hat.
6. Walk in the middle of the trail, away from vegetation where ticks quest.
7. Tuck shirt into pants and pants into socks or boots to help keep ticks away from skin.
8. Perform daily tick checks. Send us any ticks you find. Instructions at BebopLabs.org/send-ticks.